

McLeod Health and Fitness Center  
Trainer Times for 2017 Biggest Loser

MON	TUE	WED	THU	FRI	SAT	SUN
<b>7:00am TBA</b>	<b>6am</b> Mili Shah	<b>9am</b> Joy Owens	<b>6am</b> Susan Abdelnor	<b>7:30am</b> Susan Abdelnor		<b>3pm</b> Steve Murphy
<b>10am TBA</b>	<b>8am</b> Joy Owens	<b>1pm</b> Susan Abdelnor	<b>1pm</b> Tory Zwanziger			
<b>12pm TBA</b>	<b>9am</b> Tory Zwanziger	<b>4pm TBA</b>	<b>6 pm</b> Steve Murphy			
<b>4pm</b> Dustin McRae	<b>1pm</b> Tory Zwanziger	<b>6:30pm</b> Dustin McRae	<b>6 pm</b> Kinchen Adams			
	<b>4:30pm</b> Jimmy Ard		<b>7:30pm</b> Dustin McRae			

Available Orientation Times:

<b>Jan. 25, 2017</b>	<b>Jan. 26, 2017</b>
7:30 a.m. to 8:30 a.m.	7:30 a.m. to 8:30 a.m.
11:30 a.m. to 1:00 p.m.	11:30 a.m. to 1:00 p.m.
5:00 p.m. to 7:30 p.m.	5:00 p.m. to 7:30 p.m.